



# The Southern Edge



The Monthly Newsletter of the South Suburban Chapter of IAAP

June 2010

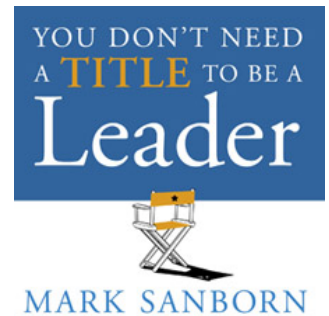
## South Suburban Chapter Meeting Program Tuesday, June 22, 2010

### You Don't Need a Title to be a Leader by Mark Sanborn *How Anyone, Anywhere Can Make a Positive Difference*

*Presented by Marcia Beltz and Gayle Quedens*

People who lead — whether or not they have a title — strive to make things better for those around them. They increase what the author calls ROI. In this instance ROI doesn't stand for "return on investment," but rather:

- Relationships,
- Outcomes and
- Improvements.



Leaders accomplish ROI through principle-based skills everyone who wishes to lead must master. The book focuses on six.

Join us at the June chapter meeting where Marcia and Gayle will take you through the six principle-based skills covered in the book that one must master to be a leader and inspire you to lead from where you are.

#### Inside This Issue

2009-2010 Programs.....	2
Ending and Beginnings — Thoughts for June.....	2
Fundraiser Committee Update .....	3
How to Connect With A Remote Boss.....	3
MN-ND-SD Division Annual Meeting Report	
Chapter Delegate .....	4
SSC Incentive Award Recipient.....	5
My First Timer Experience.....	6
Pleasant Surprises .....	7
Becoming a Member of Excellence .....	8
2010-2011 SSC Officers.....	8
Shop, Save, Change .....	8
2009-2010 Officers & Committees .....	9
Birthdays / Anniversaries .....	10
Upcoming Events .....	10
Don't forget your Online Resources! .....	10
Newsletter Article Deadline .....	10

#### Meetings are held at:

Old Chicago – The Cedar Room  
14998 Glazier Avenue  
Apple Valley, MN  
5:30 p.m. Networking  
6:00 p.m. Dinner  
6:30 p.m. Business Meeting  
Cost is **\$20.00**

RSVP by **NOON, Friday, June 18, 2010**, to Candy Retka at 952.469.4633, cretka@frontiernet.net or (fax) 952.469.4634.

## 2009-2010 Programs

*Programs subject to change.*

The following is the schedule of South Suburban Chapter Meeting Programs for 2009-2010. Please mark your calendars with these meeting dates, and watch each month for the meeting details and RSVP email.

September 22	<i>Stretching our Public Speaking Comfort Zones</i> (Dan Julson, Toastmasters)
October 27	<i>Living Your Extraordinary Life</i> (Laura Erdman-Luntz, Life Coach)
November 24	<i>Cool New Software</i> (James Rivord)
December 8	SSC Holiday Gathering
December 10	Metro Lakes Council Get-Together
January 26	<i>Taking the WORK Out of Networking</i> (Pete Machalek)
February 23	<i>How to Avoid Verbal Vomit</i> (Maureen Steinwall, Ph.D.)
March 23	<b><i>YOU are the Brand for Your Company</i></b> (Dan Day)
April 27	<i>Weathering the Storm: Managing Difficult Times</i> (Erin O'Hara Meyer PHR)
May 25	Annual Meeting
June 22	<i>You Don't Need a Title to be a Leader</i> by Mark Sanborn (presented by Marcia Beltz & Gayle Quedens)

*Please note: The program order and topic is subject to change, based on speaker availability and scheduling. We do our best to maintain the plan as presented, but are prepared for changes that occur as part of life*

## Endings and Beginnings — Thoughts for June

*Submitted by Sharon Kelsey  
South Suburban Chapter President*

When I think of the month of June, I think of endings. Some of the endings that come to mind are graduation from high school, a college, or a university. There is the ending of the elementary, middle, and high school year.

I also think of beginnings in the month of June. One may begin a job for the summer or for a first step on their career path. Some begin more education as they enroll in a technical college, a four-year college, university, or even continue on for a masters or doctorate degree. Others take the relationship commitment step of marriage.



June is a month of endings and beginnings in IAAP, too. The IAAP fiscal year runs from July 1 – June 30. One group of officers ends their term and new officers begin theirs. Even if a committee retains the same chairperson, they may have new members. All the committees review how things went last year and what they want to do the same and differently in the new chapter year. Our members have individual beginnings, too. Members who have never been on a committee may choose to begin serving on a committee. Other members decide to switch to a different committee to vary and broaden their experience. Some members begin serving at the division level through committee membership and/or chairing a committee. All the chapters and members begin all over again to track and meet the criteria for Chapter of Excellence and Member of Excellence as we begin the new chapter year.

As I approach the end of my term as South Suburban Chapter President, I want to thank you for the experience of serving our chapter as president. I am grateful for all of the support I received. Sometimes the support was as simple as a couple words of encouragement. It was good to be reminded, "You can do it. You are doing a good job." I treasure all of my mentors who gave me advice from their experience. I appreciate the newer members who gave me new insights from their experiences. I continue to be impressed by how many creative, professional, and tenacious members we have. As changes were needed in presenters for our programs, theme of the program, and even changing the meeting format from an Open House to an Administrative Professionals Day theme with member recruitment, members stepped forward with their skills and commitment. I've said it numerous times during the year; this successful chapter year was a team effort. Your *Power of Commitment* created another successful year for our chapter.

As I step aside to assume other roles in IAAP, I am looking forward to enjoying another successful chapter year in 2010-2011 as our new president, Michelle Prosch, guides our chapter into the new year with *Passion and Purpose*.



---

## Fundraiser Committee Update

---

Submitted by Deb Sabo and Linda Wittmann, CAP,  
Co-Chairs

A heartfelt thank you to the 20 members who sold plants for our annual spring fundraiser! To show the committee's appreciation, each participating member who was present at the May meeting received a handmade thank you card and was able to choose either a single rose or gerbera daisy. Those who were not able to attend the meeting received a card in the mail. We will have something special for all members who participate again next spring!

The items that were sold at the Annual MN-ND-SD Division Meeting brought in an additional \$58.50. Special thanks to Dee Moy for transporting the items to and from the meeting, to Candy Retka for handling the money, and to the SSC attendees who helped man the table during the meeting.

We will have our final sale for the current chapter year at the June meeting. We don't want to store anything over the summer, so remember: to **\$hop**, **\$ave** **C**hange. In addition to handmade items and cards, we will also be offering some food treats/snacks.



### Top Annual Spring Fundraiser Plant Sellers

L-R: Deb Sabo, Linda Wittmann, CAP,  
Linda Plaisance, CPS/CAP

---

## How to Connect With a Remote Boss

---

Submitted by OfficeTeam

If you're like many administrative professionals, you and your boss may not always be in the same location at the same time. Whether your manager works from a different office or simply has a busy travel schedule, there are likely times when meeting face to face is impossible. Needless to say, that can make communication and collaboration challenging, and you may find yourself jumping through hoops to try to stay connected.

If your manager is often away from the office, you can use the following tips to stay on the same page as him or her:

- **Check in frequently.** Establish a schedule for touching base with your supervisor so you understand his or her current priorities and where you can assist. Also consider creating a weekly report detailing the tasks you've recently completed, those that are in progress and projects on the horizon so your boss remains aware of your workload.
- **Share your accomplishments.** If you don't see your supervisor regularly, highlighting your successes is extremely important. Make sure you set aside time with your manager to discuss your achievements so you get the credit you deserve.
- **Dial in.** In most offices, e-mail is the standard form of communication, but using the telephone can sometimes be more effective. After all, subtleties conveyed via tone don't come across in writing. Hearing your manager's voice — and having him or her hear yours — also can help strengthen ties between you two.
- **Schedule face time.** Take advantage of opportunities to meet in person with your manager. Face-to-face meetings are particularly effective for discussing sensitive or complex topics. In-person meetings also can help you stay top of mind as new projects arise.

Although it may take some effort, ensuring you and your boss touch base frequently and in different ways will help make your working relationship smooth and effective.

*OfficeTeam is the world's leading staffing service specializing in the placement of highly skilled administrative and office support professionals. The company has more than 325 locations worldwide, and offers online job search services at [www.officeteam.com](http://www.officeteam.com).*

---

## MN-ND-SD Division Annual Meeting Report Chapter Delegate

---

*Submitted by Sharon Kelsey*

The MN-ND-SD Division Annual Meeting and Spring Conference held May 21 – 23, 2010 was an excellent meeting. The South Suburban Chapter had 11 members in attendance. I am thrilled that four of our chapter members that attended were “First Timers.” Now, what did you miss?

We have grown to expect high quality speakers at division meetings and we were again treated to inspiring, challenging speakers. Michael Foley, our speaker Friday afternoon, captivated us with stories from his life experiences illustrating the importance of each us being engaged in each moment. One of the tools he shared is to ask ourselves “Am I OK now?” and usually we will determine “I’m OK now.” He encouraged us to keep having that conversation with ourselves throughout our day as events happen in our lives.

The business session for the division meeting was held Saturday. In addition to electing officers for 2010-2011, we passed amendments to the MN-ND-SD Division Bylaws and Standing Rules, and enjoyed an International update from International President-Elect, Mary Ramsay-Drow, CPS/CAP. Mary Ramsay-Drow provided questions for discussion groups facilitated by the chapter presidents. Following discussion of the assigned question, each chapter president reported for the group. In addition, the results from each group were given to Mary so she may share them with the International staff and board.

Chez Raginiak was the Certification Luncheon speaker. Chez’s story is a compelling one. His life in Poland was a day-to-day challenge with little hope and numerous beatings from local authorities for standing up for his ideals or just for being in the wrong place at the wrong time. Chez highlighted the importance of having the life wheelbarrow we push every day filled with positives. With the right tools we can enjoy a fulfilled life.

The traditional banquet, speech by the outgoing division president, recognition of those who served the division in 2009-2010, installation of the 2010-2011 division officers, and entertainment topped off our Saturday.

Sunday was the Spring Conference. The chapter delegate role switched to the president-elect and the meeting was conducted by our incoming division president, Linda Dahlquist, CPS/CAP. Mary Ramsay-Drow’s presentation included many excellent pointers for networking. One of the key reminders was how much listening is involved with quality networking.

The SouthWest Metro Chapter were excellent hosts for our meeting and it was a pleasure to help them celebrate their 5<sup>th</sup> Anniversary.

### 2010-2011 MN-ND-SD Division Officers



L-R: Linda Dahlquist, CPS/CAP, President  
Dawn Staycoff, President-Elect  
Alana Erstad, CPS/CAP Secretary  
Melissa Tofte, Treasurer

---

## MN-ND-SD Division Annual Meeting Report SSC Incentive Award Recipient

---

By Dee Moy

The weekend got off to a great start with a wonderful motivational speaker, Michael Foley. Michael spoke to the group on Friday afternoon about, *The Power of Engagement*.

Michael asked us all to answer the question, "What makes you feel fully alive - fully engaged?" For me right now, at this point in my life, the answer was school. School has brought to me a whole new way of life and a new way of looking at things. Before losing my job, I would never have ever considered going back to school for a degree. I was happy with my life and the way it was going, or so I thought. Going back to school has given me a whole new way of looking at things and listening to Michael speak, really made me open my eyes to this new adventure I am undergoing and I am looking at life in so many new ways.

As Michael spoke about setting goals, checking our ego at the door, and learning to not stress over other people's bad behavior, I thought about my life and how I have not been doing these things all of my life. I never really set goals,. I allowed others to walk all over my ego, and I allowed others' bad behavior to control my life.

Michael spoke to (1) Don't Take Yourself Too Seriously; (2) Establish Credibility; (3) Manage Your Mind; (4) Leap...One Experiment at a Time; (5) Be Real, Be Clear; (6) Soar Like an Eagle: Service; and (7) Land on Solid Ground: An Attitude of Gratitude. As I sat listening to him speak of these many ways of looking at life, I thought about my new life in school and everything I was learning now; and Michael helped me to see that I was truly on the right track, right now and that I am working towards the right goal for myself.

Saturday brought yet another wonderful speaker, Chez Raginiak, who came to America several years ago from Poland. He spoke about *What's In Your Wheelbarrow?* He told us about a story of a man who was being watched by another person, running from the first floor to the second and third floor of a building in construction and how this man ran back and forth all day from floor to floor with his wheelbarrow. At the end of the day this man was approached by the person who had been watching him and was asked, why he was running from floor to

floor all day with any empty wheelbarrow and the man's answer was, "I was too busy to fill it up!"

So my question to you is, *What is in Your Wheelbarrow?* Do you have the right items in your wheelbarrow to get your job done right, to keep your life in order? Chez continued with questions to us about: letting our imaginations go wild, to close our eyes and imagine what we want to do, what we want to have in our lives, where we want to be. Then to educate ourselves to get those things and to have the courage to step outside the box or our comfort zone and go for those dreams. He told us that we need to be willing to ask for help and to map out our plans. He said that we need to put your dreams down on paper and then follow those dreams in the direction we want to go to our final destination. Without dreams, courage, thinking outside the box and directions, we stay where we are at. By putting them to paper we tend to actually do those things. So are you cleaning out your wheelbarrow and putting in the right items to your dreams? Are you ready to map out your dreams, put them down on paper, and follow that map to the end? I know I have and I'm on my way!

The weekend ended with Mary Ramsay-Drow CPS/CAP, IAAP International President-Elect with her speaking to us about *Power of Commitment...Get Connected!* Mary spoke to us about learning how to truly listen. She gave us some wonderful tips on really hearing people and being connected. It was great to have gotten the chance to get to know Mary a bit more during the weekend, to listen to her speak about some of the ideas she has for us in the next year for IAAP, and I look forward to her leadership in upcoming year as our International President. I believe she will have us all learning how to Get Connected!

I guess what I really got out of this whole weekend is how each of the speakers helped to bring together their ideas into what I am learning at school. In my classes for "Supervisory and Multicultural Management" we are learning how to look at things differently, to deal with problems in a better way and to engage our employees to look at their work in new ways. By me learning how to find my *Power of Engagement*, by knowing *What's In Your (my) Wheelbarrow*, and by *Getting Connected*, this weekend brought me full circle to a complete understanding that I am on the right track to following my dreams. If I stay on track, I will get to my destination with a new career and not just a job.



**SSC Members at the Friday Seminar**

---

## **MN-ND-SD Division Annual Meeting Report My First Timer Experience**

---

*Submitted by Gayle Quedens*

Going to the MN-ND-SD Division meeting for the first time I was super excited but I really didn't know what to expect. I had read over the agenda and was looking forward to hearing from the speakers that they had scheduled but didn't have a plan past absorbing everything I could from the time I got there. My goal for my first time was to figure out what it was all about and bond more with my immediate Chapter members who were in attendance. It's amazing how much you learn about people when you spend a longer period of time with them. You begin to bond more than you do during the 2 to 5 hours a month that you spend with them. Needless to say, I was blown away by the meeting and am excited about the coming year with IAAP like never before.

Although it was a meeting that capped off the 2009 – 2010 year, I think the meeting did a great job of getting everyone ramped up for the upcoming year. It provided a great mix of celebrating the accomplishments of all of the Divisions members and voting on our new Division board as well as honoring members who have passed. It also allowed us to reflect on the challenges that were faced – and often times successfully overcome – by the chapters this past year. It was a perfect way for a first timer to see all of the hard work and dedication from the board members and members themselves that went into making the past year a success. Being at the meeting also provided a great education on the structure of the association as well as offer up a path for one to advance in the chapter, the division, and International. But whether you were a member or an officer it was a fantastic meeting that offered learning opportunities and networking opportunities with those who you may see often and especially with those you might only see once or twice a year. It was a great place to put faces to many of the names you see in the newsletters and to get to talk to them and learn about what is going on in their areas first hand.

The conference speakers (Michael Foley on Friday covering *The Power of Engagement* and Chez Raginiak on Saturday covering *What's in Your Wheelbarrow?*) were inspirational and both of them challenged us to follow our passion and take a leap of faith. They also encouraged us to be sure that as we leap we are certain that we are on the path of our choosing and not the one that has been chosen for us. With *Passion & Purpose*...that is the theme for the 2010 – 2011 year...and the speakers did a great job of planting seeds for all of us. And then Mary Ramsay-Drow, CPS/CAP conducted her session...WOW! I'm ready to go and excited about the direction the association is taking and the help they are planning to provide – especially where the website is concerned, which seemed to be a pretty hot topic. Many members want to learn how to navigate easily and find things quickly, and Mary shared that they will be putting a tutorial out there for us soon. One of my favorite parts was the time that was taken to get feedback from everyone who attended the conference. The Division members took the time to ask us all questions with regard to how we could make our association better and Mary Ramsay-Drow took notes to bring back with her. That was fantastic as it shows that our Division and International want to know what we think and are willing to brainstorm with us to come up with solutions. I look forward to seeing some of our suggestions implemented over the coming year.

I look forward to next year's division conference but can't really wait until then...Fall Conference is on my radar – since I didn't plan to attend EFAM and don't have the funds to do it this year (next year for sure)! These meetings offer fantastic opportunities to learn about what the future holds for the association as well as connect us with other members in our division. For the next meeting I attend I will have my goals mapped out prior to leaving my doorstep, and I already have a few – to network with more members outside of my immediate chapter and to stay on-site so that I can take advantage of those unplanned networking opportunities that arise. Because of this meeting I am looking forward to our upcoming year with passion and purpose. I hope to see more of you at the next one!



**SSC Members at the Banquet**

---

## MN-ND-SD Division Annual Meeting Report Pleasant Surprises

---

*Submitted by Candy Retka, South Suburban Chapter, Division Attendance Incentive Award winner*

As a first time Division Annual Meeting attendee, I wasn't sure what to expect. My imagination conjured up a solemn, business-like affair that would probably be a little on the dull side. But I was pleasantly surprised to find laughter, smiles and a little good natured teasing thrown into the entire weekend, including the business parts.

It was gratifying to see how interested the division officers were in everyone's ideas and suggestions. And Mary Ramsay-Drow, International President-Elect, showed that International is willing to listen and respond to our concerns and ask for our input. I was very impressed by all of them. They are so approachable, down to earth and willing to take action. The give and take of the discussions was cordial and brought out many good points. I even had the opportunity to caucus.

I especially enjoyed our speakers for the weekend. They were all informative, engaging and full of useful ideas. My motivation level definitely increased in listening to all of them - just excellent speakers and topics. My fellow chapter member attendees and I have been making good use of "I'm alright, right now." It was mentioned numerous times at our recent chapter meeting, and we also made sure to "breathe." But I am thankful that I wore my waterproof mascara to the Saturday evening banquet since I laughed so hard that I cried!

Another plus to the weekend was meeting many IAAP members from other chapters and putting a face to some of the names. After attending the event, I am already getting excited for the Fall Conference and the next MN-ND-SD Division Annual Meeting. I am making plans so that my first meeting will NOT be my last! Thank you again for the opportunity to attend and see firsthand what these meetings are all about.

**PASSION &  
PURPOSE**  
SOUTH SUBURBAN CHAPTER  
2010-2011 Theme



**SSC Members with former chapter member,  
Gloria Seeger, CPS**



**Char Wilkinson CPS and  
Mary Ramsay-Drow, CPS/CAP,  
International President-Elect**



**Michelle Prosch was our chapter delegate for the  
Sunday morning 2010 Spring Professional Conference.**

---

## Becoming a Member of Excellence

---

How are you doing on your path to becoming a Member of Excellence?

A **Member of Excellence** will receive a certificate (first four years), Pathways to Excellence certificate cover, and Member of Excellence pin (the fifth year).

A **Member of Excellence** will attain a minimum of 8 of the following 11 criteria:



1. Be a current CPS and/or CAP holder
2. Sign the online Member of Excellence Commitment agreement
3. Actively participate in the IAAP web community forum discussions or submit an article for an IAAP publication (chapter, division, or international level)
4. Attend non-IAAP professional educational workshops, seminars and conferences
5. Hold a degree, certificate or equivalent (a minimum one year in length) from an accredited college or earn a Microsoft certification
6. Pay membership dues on or before anniversary date
7. Serve as a chapter, division, or international officer, committee chair, or committee member; or serve as an RTF Trustee; or serve on a Student Chapter advisory board or the school's advisory board for the office administration program
8. Conduct a public presentation, program or training
9. Attend a minimum of eight chapter, division or international sponsored meetings, programs or events (any combination)
10. Recruit at least one new member
11. Integrate IAAP membership and involvement into annual performance plan or review

---

## 2010-2011 South Suburban Chapter Officers

---

*Submitted by Linda Plaisance, CPS/CAP, Editor, The Southern Edge*

At the South Suburban Chapter Annual Meeting, we elected our 2010-2011 chapter officers. Your 2010-2011 chapter officers are:

Michelle Prosch, President  
Gayle Quedens, President-Elect (not pictured)  
Alison Fuller, CPS; Vice President  
Kathleen Erdman, Secretary  
Melissa Thomas, CPS/CAP; Treasurer  
Robbie Groth, Treasurer-Elect



Congratulations! These officers will be installed at our June meeting. We look forward to your leadership in the upcoming chapter year.



---

## Shop, Save, Change

---



Each month the Fundraiser committee provides us with new items to purchase. It's a great time to do a little gift shopping before and after chapter meetings!

These items are from the March meeting. Plan on attending chapter meetings and see what items they will have available for us!



---

## 2009-2010 SSC Chapter Officers

---



L-R: Sharon Kelsey, President  
Michelle Prosch, President-Elect  
LeAnn Marshall, Vice President  
Gayle Quedens, Secretary  
Candy Retka, Treasurer  
Melissa Thomas CPS/CAP, Treasurer-Elect

Thank you for stepping up to lead our Chapter!

---

## 2009-2010 Committees

---

If you are interested in joining a committee, please know you can join at anytime! Please contact the Committee Chair or Chapter President, Sharon Kelsey.

### Bylaws & Standing Rules

Chair: LeAnn Marshall  
Members: Lisa Hogan CPS  
Michelle Prosch

### Certification

Chair: Ruth Ann Deeg  
Members: Open

### Employment

Chair: Melissa Thomas CPS/CAP  
Members: Open

### Historian

Chair: Michelle Prosch  
Members: Open

### Hospitality

Chair: Candy Retka  
Members: Cathy Allen  
Ruth Ann Deeg  
Lori Larson CPS/CAP  
Babs Moses  
Deb Sabo  
Hallie Warren  
Linda Wittmann CAP

### Incentive Award

Chair: Teresa Dambowy CPS CFM  
Members: Open

### Membership

Chair: Robbie Groth  
Members: Open

### Newsletter

Chair: Linda Plaisance CPS/CAP  
Members: Kathleen Erdman  
Lori Larson CPS/CAP  
Babs Moses

### Nominations

Chair: Dee Moy  
Members: Karen Brugman CPS  
Lisa Hogan CPS

### Program

Chairs: Gayle Quedens  
Members: Marcia Beltz  
Linda Gilmore CPS  
Dee Moy

### Ways & Means (Fundraising)

Co-Chair: Deb Sabo  
Co-Chair: Linda Wittmann CAP  
Members: Cathy Allen  
Ruth Ann Deeg  
Linda Gilmore CPS  
Dee Moy  
Michelle Prosch  
Bev Staudinger  
Roberta Zylla

### Chapter Website

Chair: LuAnn Munger  
Members: Stacy Boldon  
Lisa Hogan CPS  
Dee Moy

### Mentors

No Chair needed as this is a part of the Membership Committee. One does not need to be a member of the membership committee to be a mentor. Every member can be available as a mentor to their fellow members.

Mentors: Linda Wittmann CAP

---

---

### Happy Birthday!

---

---



The South Suburban Chapter would like to wish a very happy birthday to the following members:

Denise (Dee) Moy  
Candace Retka

June 4  
June 29

---

---

### Happy IAAP Anniversary!

---

---

The South Suburban Chapter would like to congratulate the following chapter members on their anniversaries with IAAP!



Kathleen Erdman

1 year

If we missed your birthday or anniversary, we apologize and ask that you notify Linda Plaisance at [linda.l.plaisance@hotmail.com](mailto:linda.l.plaisance@hotmail.com) for inclusion in future issues of *The Southern Edge*.

History, despite its wrenching pain,  
cannot be unlived, but if faced with  
courage, need not be lived again.

~Maya Angelou

---

---

### Upcoming Events

---

---

June 15	South Suburban Board Meeting
June 22	<b>South Suburban Chapter Meeting</b>
July 18-21	2010 EFAM, Boston, MA
October 15-18, 2010	2010 MN-ND-SD Division Fall Conference Sugar Lake Lodge, Grand Rapids, MN
May 20-22, 2011	2011 MN-ND-SD Division Annual Meeting The Lodge at Brainerd Lakes, Baxter, MN
May 18-20, 2012	2012 MN-ND-SD Division Annual Meeting St. Paul, MN

---

---

### Don't Forget Your Online Resources!

---

---

IAAP Headquarters [www.iaap-hq.org](http://www.iaap-hq.org)

MN-ND-SD Division website [www.iaap-mnndsd-division.org](http://www.iaap-mnndsd-division.org)

And don't forget us at South Suburban IAAP  
[www.southsuburbaniaap.org](http://www.southsuburbaniaap.org)

---

---

### Newsletter Article Deadline

---

---

Please contact Linda Plaisance at [linda.l.plaisance@hotmail.com](mailto:linda.l.plaisance@hotmail.com) with your newsletter ideas and articles.

The deadline for the July issue is:  
**Friday, July 2, 2010.**



Please note: If articles or sections of articles are copied from other sources (including material from other IAAP websites), you must get permission in writing and send the documentation to the newsletter editor before it can be printed in our newsletter.